



	6.00	7.00	8.00	9.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00
Mon			Adult Swim				Aqua Aerobics	General Swim					Aqua Aerobics		Adult Swim		
Tue			Adult Swim					General Swim							Adult Swim		
Wed			Adult Swim				Aqua Aerobics	General Swim							Adult Swim		
Thu			Adult Swim			Aqua Aerobics		General Swim						^{NEW} Aqua Aerobics	Adult Swim		
Fri			Adult Swim					General Swim						Adult Swim			
Sat			Adult Swim	Aqua Aerobics				General Swim					Adult Swim				
Sun			Adult Swim	Aqua Aerobics				General Swim					Adult Swim				

 **General Swim** - for all members and guests including children.

 **Adult Swim** - for all members and guests over 16 years old.

 **Aqua Aerobics** - for everyone, all ages and all fitness levels, **pool closed**.

MAX CAPACITY - 21

For more information or to pre-book contact **01245 223258** or email warrenactive@thewarrenestate.co.uk