

FROM 12th FEBRUARY 2026

	6.00	7.00	8.00	9.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00
Mon							Aqua Aerobics							Aqua Aerobics			
Tue															Adult Swim		
Wed							Aqua Aerobics									Adult Swim	
Thu						Aqua Aerobics								NEW Aqua Aerobics			Adult Swim
Fri																Adult Swim	
Sat			Adult		Aqua									Adult			
Sun			Adult		Aqua									Adult			

 **General Swim** - for all members and guests including children.

 **Adult Swim** - for all members and guests over 16 years old.

 **Aqua Aerobics** - for everyone, all ages and all fitness levels, **pool closed**.

MAX CAPACITY - 21

For more information or to pre-book contact **01245 223258** or email warrenactive@thewarrenestate.co.uk