



| | 6.00 | 7.00 | 8.00 | 9.00 | 10.00 | 11.00 | 12.00 | 13.00 | 14.00 | 15.00 | 16.00 | 17.00 | 18.00 | 19.00 | 20.00 | 21.00 | 22.00 |
|-----|------|---------------|------|------------------|-------|------------------|------------------|--------------|-------|-------|-------|-------|-------------------------|------------|------------|-------|-------|
| Mon | | Adult Swim | | | | | Aqua Aerobics | General Swim | | | | | Aqua Aerobics | | Adult Swim | | |
| Tue | | Adult Swim | | | | | | General Swim | | | | | | | Adult Swim | | |
| Wed | | Adult Swim | | | | | Aqua Aerobics | General Swim | | | | | | | Adult Swim | | |
| Thu | | Adult Swim | | | | Aqua Aerobics | | General Swim | | | | | NEW Aqua Aerobics | | Adult Swim | | |
| Fri | | Adult Swim | | | | | | General Swim | | | | | | Adult Swim | | | |
| Sat | | Adult Swim | | Aqua Aerobics | | | | General Swim | | | | | Adult Swim | | | | |
| Sun | | Adult Swim | | Aqua Aerobics | | | | General Swim | | | | | Adult Swim | | | | |

 **General Swim** - for all members and guests including children.

 **Adult Swim** - for all members and guests over 16 years old.

 **Aqua Aerobics** - for everyone, all ages and all fitness levels, **pool closed**.

MAX CAPACITY - 21

For more information or to pre-book contact **01245 223258** or email warrenactive@thewarrenestate.co.uk