

	6.00	7.00	8.00	9.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00
Mon			Adult Swim				NEW Aqua Aerobics		General Swim					Aqua Aerobics			Adult Swim
Tue			Adult Swim						General Swim						Adult Swim		
Wed			Adult Swim				NEW Aqua Aerobics		General Swim						Adult Swim		
Thu			Adult Swim			Aqua Aerobics			General Swim					Aqua Aerobics		Adult Swim	
Fri			Adult Swim						General Swim					Adult Swim			
Sat			Adult Swim	Aqua Aerobics					General Swim				Adult Swim				
Sun			Adult Swim	Aqua Aerobics					General Swim				Adult Swim				

 **General Swim** - for all members and guests including children.

 **Adult Swim** - for all members and guests over 16 years old.

 **Aqua Aerobics** - for everyone, all ages and all fitness levels, **pool closed**.

MAX CAPACITY - 21

For more information or to pre-book contact **01245 223258** or email warrenactive@thewarrenestate.co.uk