




	6.00	7.00	8.00	9.00	10.00	11.00	12.00	13.00	14.00	15.00	16.00	17.00	18.00	19.00	20.00	21.00	22.00
Mon		Adult Swim					Aqua Aerobics	General Swim					Aqua Aerobics	Adult Swim			
Tue		Adult Swim						General Swim						Adult Swim			
Wed		Adult Swim					Aqua Aerobics	General Swim						Adult Swim			
Thu		Adult Swim				Aqua Aerobics		General Swim					Aqua Aerobics	Adult Swim			
Fri		Adult Swim						General Swim						Adult Swim			
Sat		Adult Swim		Aqua Aerobics				General Swim					Adult Swim				
Sun		Adult Swim		Aqua Aerobics				General Swim					Adult Swim				

 **General Swim** - for all members and guests including children.

 **Adult Swim** - for all members and guests over 16 years old.

 **Aqua Aerobics** - for everyone, all ages and all fitness levels, **pool closed**.

MAX CAPACITY - 21

For more information or to pre-book contact **01245 223258** or email [warrenactive@thewarrenestate.co.uk](mailto:warrenactive@thewarrenestate.co.uk)